

Dear Parent or Guardian,



Welcome to Choices Unlimited!

Our main goal in Choices is to give students the tools they need to make wise choices as it pertains to drugs, alcohol and violence. We desire to partner with you as parents to aid you in educating your child(ren) how they can make good choices in these areas.

Choices is a two year program consisting of 6 weeks of 50 minutes of class time each week spanning both fourth and fifth grade. The class is conditioned to be a fun and interactive learning environment.

Below you will find a list of the lessons being taught for your student in 5th grade.

Lesson Topic	Bottom Line (main thought)
Drug Awareness	Knowledge is power to make wise choices.
Self Esteem/ Decision Making	How I feel about myself effects the choices that I make.
Pressure	I need to stand up to pressure while respecting the rights of others.
Media Pressure	Be aware of the messages that media sends.
The Truth about Drugs.	I need to know the truth about drugs, alcohol, and tobacco
Review and Wrap up	I need to use the tools I've been given to make wise choices.

Our desire is to partner with you as parents in this endeavor. Our hope is that the information students receive will open the door of communication for you and your child(ren) to discuss these topics together. After all, we believe the best teacher when it comes to these topics is you - parents!

If you have any questions, please feel free to email us at choicesunlimited@laledecountydrugcouncil.org or visit our web site at laledecountydrugcouncil.org. We welcome any questions or feedback!

Please sign and detach this card and have your child return to their classroom to be entered into a drawing where they could win a free prize!

Student Name: _____

Parent Signature

Date